

Consciousness, Creation, And Existence

**A Guide To The Grand
Adventure**

by
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Introduction and Acknowledgments

It is with much appreciation that I present this book to those with the curiosity and commitment to reading what I have chosen to express. I don't claim that my ideas are original or that this book is the ultimate truth about anything. The personal experiences I share are my best attempt to accurately describe what I have experienced and perceived, and in some instances I have changed the names of individuals in order to protect their privacy and confidentiality. Like everyone else, I am a "work in progress." I hope that this book can assist others with their own inner work and whatever else it may be applied to in life. Creating this book has been an interesting part of my journey. It is designed to share metaphysical concepts in a clear manner and to provide some examples of how metaphysical principles can be observed in life. It is simultaneously philosophical and practical, abstract and concrete, and contains both personal and impersonal subject matter. Read this book with an open heart and mind, prepared to examine what you read in light of your own experiences and learning process.

This set of books has been inspired or influenced to a significant extent by the channeled material of the *Handbook for the New Paradigm* trilogy published by George Green and the materials published by Val Valerian in the *Matrix V* books containing information and commentary from Val's associate "The Author." These are writings that stand out among the many books I've encountered that have challenged me to think outside the box. Some other writings that have been useful in my metaphysical explorations include books by well-known authors and writings of online publishers, including individuals such as Neale Donald Walsch, Gary Zukav, James Redfield, Debbie Ford, Deepak Chopra, Jane Roberts (Seth), Barbara Marciniak, Don

Miguel Ruiz, Robert Monroe, Bruce Moen, David Wilcock (*The Reincarnation of Edgar Cayce?*), Gary Schwartz, Gerard O'Donnell, David Bohm, Lynne McTaggart, Erwin Laszlo, Amit Goswami, Jean Claude Koven, Jerry and Esther Hicks (Abraham), Ron and Denny Reynolds, and countless others who I won't make an effort to list here.

I would also like to thank Piersun, who's work as a medium for intuitive assistance helped lead me to this effort. I offer my gratitude to Isa, whose encouragement has come from her heart. I thank David & Jorge for connecting me with the Reiki tradition. I thank Magda, whose encouragement and desire for my progress and "success" are appreciated. With this I share my thought that everyone is a success all the time at being themselves and connecting with the external circumstances suited to fostering their spiritual development. I wish to thank Damaris, a gifted intuitive/healer for helping me connect with and reaffirm the wisdom of my own inner guidance and awareness as I prepared to publish this book and helping host a course with April, whose intuitive skills are a wonderful expression of the Creator and the potential that lies within all of us. I offer appreciation to Rafael & Debbie for sharing freely about their experiences and the hidden history they are aware of. Everyone on this planet has a unique and valuable "story!"

I would like to thank my family of origin for their parts in this theater of life, and I acknowledge those clients, colleagues, friends, and family members who are mentioned in the book. I wish to express my appreciation for these persons and all others who have synchronistically interacted with me on my spiritual path. I also express my gratitude for all aspects of Higher Awareness that have contributed to the project. We are all little sparks of the Infinite, generated to play our roles in the eternal drama of existence.

PART I

CHAPTER 1

Each is a focused point of self-awareness within the entirety of creation. This is not an insignificant status. There is no such thing as being "just a human being"! - Handbook II - 27

Conceptualizing Creation

Those reading this book may be doing so for a variety of reasons. Your purpose in reading this book and your perspective and point of awareness as you come upon the book will shape what you "get" from your reading experience. This book is intended to share concepts, ideas, and experiences that may in some way assist the reader in the process of self-discovery and spiritual development. Of course, whatever you experience from your reading adventure will be appropriate to you. Even if you read the first 2 pages and decide that this book is pure drivel or bovine excrement, it's just the experience suited to you and your life at that moment.

Before beginning to outline the creative principles focused upon in this book, I will outline some basic ideas about the nature of reality and existence that form the basis of the philosophy underlying my writings at this time.

First, I postulate that the Source and Sum of all existence is what people may refer to as a Creator, God, or Supreme Being. This idea of an Infinite, all-encompassing Creative Essence has often been distorted through various belief systems that associate the idea of "God" with some limiting notion of a being that acts like a human parent. I intend to

help readers expand their concept of a spiritual source and creative process to transcend such limiting religious notions. Since the Creator is the Source of All, then everything in existence is generated from the Creator's essence. Creator and Creation are actually the same thing - we just tend to define them from a dualistic perspective, trying to separate consciousness from it's process of self-exploration. There is nothing that isn't part of the Creator or the Creative process. At the most intrinsic level, God is spirit-consciousness, in a state of balanced pure potential at its core. This Source is inherently creative and imaginative and therefore generates vibratory fields of projected awareness within itself to realize all potentialities and experience them.

As humans, we have become attached to numerous ideas and belief-systems that guide our lives and our society, often erroneously thinking they come from a supernatural judge or ruler called "God" in the English language. Humans maintain ideas about "good" and "evil" that have nothing to do with understanding the Creative Source. These concepts, as well as the notion of "sin," have been used to provide control and structure for society. For many, evil is anything that is destructive to life and which causes pain and suffering. Yet, that's from a human-centered viewpoint. So most humans don't consider killing plants and animals evil, and don't even relate these types of beliefs to the normal patterns of nature where life forms consume one another within ecosystems that must maintain balance and stability. There is ultimately no good or evil, no right or wrong...we just adopt values and beliefs for our limited identities which include those subjective, dualistic notions. Those values and beliefs are useful to facilitate the types of experiences we have sought out in human form but they do not reflect the true nature of reality or existence. As creative beings we have constantly evolving beliefs and preferences... we use the feedback of our external world to help us recognize the

implications of these beliefs, preferences, and resulting intentions. If we manage to have an experience of expansive, transcendent states of consciousness then we can better relate to the realization that there is ultimately just Infinite Consciousness exploring and experiencing all the possibilities of existence that Consciousness can imagine.

If we begin to examine many of our beliefs we will start to recognize how illogical and inconsistent many of them really are. In Western culture there are many people who claim to be literal or "fundamentalist" believers in Biblical Christianity. Yet a true literal reading of the Bible contains so many contradictions that a person would become pretty psychologically disturbed trying to live according to the contradictory statements in that collection of writings. Since the Bible is such a significant influence on Western Civilization it became a catalyst for my own exploration of religions and spirituality, and I expect that many readers of this book will have some familiarity with the Bible even though they will not have an awareness of the many sources of the texts and stories compiled into Biblical canon or of the coded and metaphorical information embedded within Biblical narratives. Having been raised in a family environment that maintained agnostic and atheistic leanings I was exposed to religious ideas mainly through the surrounding culture of school, media, and peers. This led me to later explore Christianity while it also gave me a foundation for being in a position of non-conformity and divergence of philosophy with the surrounding society.

CHAPTER 2

That which assaults the comfort zone of the belief system can often times contain the elements for moving to the next level of evolvement and deserves consideration. - Handbook II - 27

Hidden History & Secret Knowledge

Beginning in the middle 1990s I became motivated to explore the origins of the Christian religion, particularly with readings about the Essenes, a mystical sect who many authors claimed to have been connected to an historical "Jesus" person upon whom the Christian religion is centered. The Essenes in Biblical times included a community at Qumran, along the Dead Sea in Israel. In the 1940s a library of scrolls that had been assembled by the ancient Essenes was unearthed, leading to new scholarship and controversy about the roots of Christianity. The information available about the Essenes indicated that there were multiple settlements of this sect with varying lifestyles. Some were highly monastic while others were more integrated into the surrounding culture. The Essenes seemed to have overlaps with Gnosticism, Buddhism, Egyptian Mystery Schools, and other teachings and cultures of their era. They believed in reincarnation and practiced holistic healing, with vegetarianism being a practice promoted by the Essenes and required for initiation into their inner circle. I discovered there were modern day Essene communities in the USA and Africa, with the modern leader of the Essene movement being an American who had taken on a Gandhi-like lifestyle and adopted the name Abba Nazariah as he set up Essene communities in California and Oregon. There was a part of me that resonated with the Essenes, though this was just a stepping stone along my path of expanding awareness.

Learning about the Essenes led me to explore many "New Age" teachings, occult belief systems, and Eastern religious philosophies, as the Essenes were holders of ancient wisdom teachings and offered a window into the complex cultural, historical, and spiritual context within which Christianity had arisen and evolved. Information about the Essenes and related phenomena came from accounts shared by people engaged in past-life regression, channeling, and archaeological and historical research.

It became apparent to me that the Christian religion was not what it appeared to be, that the origins of the Bible included ancient Egyptian and Sumerian texts and traditions as well as Gnostic texts, pagan symbolism, and occult codes, with nothing at all unique or original about Christianity except perhaps the degree of influence it has had in its dogmatic, politicized form as developed by the Roman Catholic Church and protestant offshoots. Over study of several years it became apparent to me that religious worship seemed connected to reverence for ancient extraterrestrial visitors and teachers as well as symbolic honoring of celestial bodies such as the Sun, Moon, planets, and constellations. Ancient shamanic understanding of natural forces and metaphysical principles seemed to be hidden within outer facades of symbolism combined with moral teachings, political or cultural propaganda, and idolization of royalty. Even in modern times we idolize "stars" from entertainment and politics and patronize companies whose logos incorporate names and symbolism from ancient mythologies. This theme has been analyzed at length by writers such as Michael Tsarion, Jordan Maxwell, and David Icke, all of whom associate this with the idea that behind the scenes powers guide civilization for self-serving agendas.

My research and explorations have shown me that potent information has been encoded in popular myths and symbols

for centuries and millennia, so that those initiated into the occult traditions could understand the hidden knowledge while the unaware masses would look at the medium holding the information without even knowing that such information was present. In recent years the idea that secret societies can pass along information in such a manner has been publicized to some extent by Dan Brown in The Da Vinci Code novel, which borrows from scholarship into occult history. The Da Vinci Code, though, focuses on suggesting an alternate version of history which recognizes a single Christ character and the relevance of royal bloodlines, rather than strongly promoting any deep spiritual or metaphysical awareness. The gnostic teachings of pursuing self-knowledge are only hinted at by the popularization of the Da Vinci Code.

Many people who have encountered the ideas in The Da Vinci Code have begun to question organized religion and conventional Christianity. This is like a doorway, or perhaps a rabbit hole, using an Alice in Wonderland metaphor, through which people may go much further in expanding their awareness. If there are books, artwork, and stories that are spread throughout a culture then it would be difficult to eliminate these. Therefore, those mediums can be used in preserving any encoded knowledge. The metaphysical ideas offered in this book you are now reading have been taught in various forms over the course of history, but usually only to people in a select caste of society. After all, those with knowledge of creative principles can more consciously influence their external experience, especially if most others around them don't know how to consciously work with creative principles. Of course, just knowing of the principles doesn't mean someone is spiritually mature enough to apply them in a balanced manner. You may consider that as a disclaimer of sorts presented for those who focus their intentions to shift their life experience and subsequently

become unhappy with the experienced results. Sir Francis Bacon, the English occultist who was involved in the publication of the King James Edition of The Bible and of the Shakespeare plays, is known for the quote "Knowledge is Power." In order for any persons to gain a monopoly or advantage over others in regard to power they would want to elevate their own knowledge while suppressing knowledge among others. Keep that in mind when considering how you've come to believe things that are incorporated into your own worldview.

I personally discourage people from becoming involved in secret societies and religious organizations, since the knowledge they have secreted is publicly available if you seek it out and is also embedded within Creation itself and our own deepest awareness. Joining those organizations usually involves giving away some of your power and freedom to them. Many secret societies have an outer veneer of promoting spiritual knowledge and humanitarian efforts, while their hidden purpose is to build loyalty among initiates who can later be brought in to higher degrees where dark agendas are pursued. If you study major tyrannical regimes and historical genocides you will often see that certain secret societies fostered these acts of oppression and aggression based upon their attitude of the ends justify the means. When you join a group that enforces loyalty and secrecy oaths you then become trapped in the system and separated from your original life and individual goals and values. You can't be sure what the inner workings of the group are when you join so why take an unnecessary risk? For spiritual support it is better to build an informal spiritual community that values the freedom of its participants.

CHAPTER 3

At the center of your experience is the awareness that you are, that you exist. This awareness is separate and apart from your body and your brain. - Handbook II - 10

Perspectives Of Spirit

Meanwhile, returning to my own experience of exploration which brought me to the ideas in this book, I explored numerous metaphysical writings and channeled sources, even attending regular group sessions with a medium in Hollywood, Florida, which I continued with for about 2 years, including the sessions he channeled over a private Internet multimedia chatroom. A variety of entities spoke through the medium, some claiming to be beings such as Merlin, St. Germain, Miriam, mother of Yeshua (Jesus), eastern yogis, Sun Bear and a Native American chief, Usui, the originator of the Reiki healing system that I had previously learned, Milton Erickson, a renowned hypnotherapist, and even some "angelic" beings, nature spirits, and ETs. There were a variety of topics discussed by these personas and various teachings of exercises and techniques to aid in spiritual development and enhancing psychic abilities. Yet, there were things about the group and the channeling phenomenon that I became dissatisfied with, one being that I was convinced that spirits were often just playing the part of a character familiar to the audience, and were not necessarily as enlightened as the group members believed. They could read one's energy and give useful advice or healing assistance at times but were not faultless sources of guidance.

I felt that I needed to trust in myself more and not live by the whims of these spirits, who seemed to have difficulty

maintaining reliability with temporal schedules and sometimes shared supposed facts related to 3rd density reality on Earth that just didn't match with what could be documented or what actually transpired. Sometimes purported ET entities spoke through the medium and the other spirits that came through expressed disagreement with some philosophies of the ETs. The channeling raised as many questions as it answered. Over time, I have concluded that there is a wide variety of awareness and intentions present among spirit plane entities just as there is among spirits immersed in physical bodies for an incarnation. Just because a medium is benevolent doesn't mean that they can't channel misleading spirits - just as benevolent human personalities are often used to mislead others by clever human con-artists. So, this has been my experience, and is one of many experiences and influences that have contributed in leading me to this writing project. I don't accept channeled input as gospel, though I do find that there are some very illuminating ideas presented from spirit plane beings whose view of reality is not restricted by physical sensory filters.

Experience is by nature subjective. Furthermore, there is at a certain level no separation between the experiencer and the reality being experienced. In scientific research it has been recognized that an observer or experimenter potentially influences the experiment being conducted. This influence may have nothing to do with any action of the researcher, but rather is likely to be an effect of the thoughts and intentions maintained by the persons involved. This phenomenon appears only in a limited way because we only observe things at the surface of reality. From a deeper level of awareness it can be recognized that consciousness underlies all observed reality and is always creating and shaping reality through the process that you will see outlined in this book. The observer and that which is observed are

roles generated within the Source for experience to occur.

There is a level of being that is beyond the observer, a level of unified consciousness where there is nothing to produce separation and no observer or reality to be experienced. At that level there is only One Self which hasn't realized Itself as Self because it hasn't experienced any other or any experience of reality external to self. It is in that state a "No-One" for it hasn't explored its existence yet. It must traverse and experience the infinity within itself to transform its state of awareness from No-One to Know-One.

But...those experiential layers of reality do exist, so the experiences they generate allow that Source Self to become fully realized in its Self-hood. The void of potentiality projects its awareness into all those image-inary potentials to realize itself as the All, the One and None (One from None). For it carries the endless cycle from the Self with no experience of creation to the Self with awareness of all creation. So Zero explores Infinity to Know itself as One. Meditate upon that apparent paradox for awhile! Meanwhile, our technology mirrors this as computers use a binary code of 0's and 1's to process information. Everything lies within the Matrix of the Source exploring all aspects of Creation and Existence, ranging from the void of nothingness (zero) to all possibilities within itself (infinity) to all integrated into the Source (one). The late physicist David Bohm referred to an "implicate order" where all potentials exist in a unified field and nothing is separate from anything else since all arise from the implicate order. Modern chaos theory proposes that everything is interconnected, and one small change in a system can have a ripple effect throughout perceived reality, leading to unforeseen consequences. Physics is merely recovering or reviving ideas held for millennia by mystics and shamans about the nature of reality.

If you logically consider the nature of vibrational reality you will recognize that there is no meaningful reality without an observer giving patterns of vibration a meaning within the information processing system of the observer. Think of all the different frequencies used by modern technologies.... cell phone, microwave, infrared, ultraviolet, wireless networks, radio and television broadcast frequencies, radar, etc. How many of those signals would have any meaning to you without a technological device to receive and translate them into something for you to observe with your sensory inputs? The vast majority of vibrational frequencies are meaningless to your human forms of perception... they exist but they don't fit into the reality that's generated through human filtering mechanisms. Therefore, there is always just ONE field of an infinite expanse of vibratory patterns, and the meaning (and thus the "reality" of) those patterns is always RELATIVE to the perspective and filtering and interpretation processes of any point of awareness within the ONE field observing the other frequencies within its range of awareness. This is the reason why many mystics proclaim that reality is an illusion. Since the reality in any individual's mind is just based upon the meaning that individual gives to a limited range of vibrational information within the ONE totality, no one ever perceives the nature of the Creation independent of their own relative viewpoint.

The study of metaphysics typically involves learning to understand the meaningful and coherent system by which vibrational energies are created and transformed and by which consciousness assigns meaning to these vibrations. The way in which meaning is assigned to vibrational energy patterns is not random, so even though there are variations in perspective there are also commonalities that allow different points of awareness to "play together" and communicate with one another. Readers of this book look at

the words and see the same letters and generally interpret the words the same way since they've learned the English language. Thus, they have a common way of filtering this data, just as people who read French or Russian or Japanese can filter books written in the languages they have learned. On a species-wide level, nearly all people see color in pretty much the same way and sense foods being sweet, sour, salty, and bitter in common ways. If our interpretation of vibrational input was completely random we couldn't have a context in which to communicate and learn.